



SPRING 2020



NEWSLETTER DATE MAY 2020

Coronavirus

Firstly thank you to all our patients for being so understanding and adapting to our new ways of working. We have had to make several changes to the way we run things within the practice to ensure that we keep our staff and patients safe during these unprecedented times.



Appointments are currently being done either by telephone or video if then the clinician needs to see you face to face this will be arranged for you, we have strict measures in place so that we can control the activity within the practice, you should only come to the practice if you have been advised to do so. The Nursing Team are doing most annual review via telephone or video consultation.

PLEASE DON'T ATTEND THE PRACTICE IF YOU ARE SHOWING SIGNS OF CORONAVIRUS

If you are unwell please don't think that we are too busy or that you don't want to bother us it is business as usual albeit in a different way.

STAFF NEWS



Rachel Ferguson Medical Reception joined the practice team in February 2020

Dr Inman GP joined the practice in March 2020

Dr Dakin has given birth to a healthy baby girl in March 2020 both mother and baby are doing well

Sarah Fawcett Practice Nurse joined the team May 2020

PRESCRIPTIONS

We are currently accepting prescription requests over the telephone, but we still require 48 hours notice. This is ideal time to be registered for an online account so that you request your medication at a time that suits you. We are also asking patients ensure they have a nominated pharmacy so that their prescription will be sent direct to the pharmacy of your choice.

VACCINATION PROGRAMMES

It is as important as ever to keep up to date with any vaccinations you are due for, to prevent the outbreak of other diseases. Our baby immunisation clinic is still running every Tuesday afternoon from 1.30pm if you or your child is overdue for any vaccinations and don't have an appointment booked please ring the practice and our admin team will be more than happy to arrange this for you. We ask that only one parent attends with the child, this is so we can control the numbers of people in the practice at any one time.

SUPPORT IN THE COMMUNITY

Do you need any support or help? Are you unable to get out for shopping or your medications? Give us a ring at the practice and we can arrange a referral to one of our social prescribers who can help support you during this difficult time.

Broadway Medical Practice
Springwell Health Centre
Springwell Road
Sunderland SR34HG
Telephone 0191 522908

VISIT OUR PRACTICE WEBSITE:
[HTTPS://BROADWAYMEDICALPRACTICE.NHS.UK](https://broadwaymedicalpractice.nhs.uk)

FOLLOW US IN FACEBOOK: BROADWAY-MEDICAL
PRACTICE AND INSTAGRAM



KIDS OFF SCHOOL

Kids off school and you are trying to home school this must be stressful here are some ideas on how to entertain them::

Joe Wicks fitness class every morning

Create an obstacle course in the garden for them

Cooking get them involved

Create post cards to send to friends and family

Celebrities are doing online activities for kids also

Patient Group—Although these are currently on hold we would still like to invite patients to join the group once we start meeting again. We meet bi-monthly at the practice if you are interested in joining are friendly group please contact the practice.

DONATIONS

If you have any spare toiletries and you would like to donate them we can arrange for our aligned care home Sycamore Care Centre to receive them, as due to Coronavirus families are unable to visit there loved ones and supplies are running low. We will leave a box in our entrance porch for any donations.

THANK YOU FOR YOUR SUPPORT

DOMESTIC ABUSE

If you are in an emergency, please call 999.

Wearside Women in Need (WWiN) Tel 08000665555

<https://www.wwin.org.uk/>

National Domestic Helpline

0808 2000 247

Bright Sky Mobile App—Find your nearest domestic abuse support service by using the Bright Sky App. It's available to download for free.

If you contact the practices and ask to speak to ZOE we will know that you are in need immediate help.



SCREENING PROGRAMMES

Cervical Screening is available for all females from the age of 25 to 64 recalls are every 3 years for patients aged 25-49 and every 5 years for patients aged 50-64. If you are over due please contact the surgery to make an appointment with one of our practice nurses. Even though we have reduced face to face contact with patients our nursing team are still seeing patients for smears.

IF YOU ARE DUE AND HAVE RECEIVED YOUR INVITE PLEASE BOOK YOUR APPOINTMENT.

0191 5229908

Don't lose the chance to reduce your risk of cervical cancer

Smear test overdue? Book yours today.



Helpline 0808 800 8000 postnat.org.uk